



Ref No: JYPS/ 052-2020

24 April 2020

Dear Parents/ Guardians,

**MOE SEXUALITY EDUCATION IN SCHOOLS - THE GROWING YEARS PROGRAMME**

The school will be conducting the Sexuality Education Programme – Growing Years Series (GYS) for students at **Primary 5 on Thursday, 21 May 2020 and Friday, 22 May 2020** and at **Primary 6 as a Post-PSLE activity in 2021**. These lessons will be conducted during curriculum hours.

Sexuality Education (SEd) in schools is about enabling students to understand the physiological, social and emotional changes they experience as they mature, develop healthy and rewarding relationships including those with members of the opposite sex, and make wise, informed and responsible decisions on sexuality matters. SEd is premised on the importance of the family as the basic unit of society. This means encouraging healthy, heterosexual marriages and stable nuclear family units with extended family support. The teaching and learning of SEd is based on respect for the values and beliefs of the different ethnic and religious communities in Singapore on sexuality issues.

2. The goals of Sexuality Education are:

- (i) To help students make wise, responsible and informed decisions through the provision of accurate, current and age-appropriate knowledge on human sexuality and the consequences of sexual activity;
- (ii) To help students know themselves and build healthy and rewarding relationships through the acquisition of social and emotional skills of self-awareness, management of their thoughts, feelings and behaviours, development of empathy for others, possession of effective communication, problem-solving and decision-making skills; and
- (iii) To help students develop a moral compass, respect for themselves and for others as sexual beings, premised on the family as the basic unit of society, through the inculcation of positive mainstream values and attitudes about sexuality.

3. The key messages of Sexuality Education are:

- (i) Love and respect yourself as you love and respect others;
- (ii) Build positive relationships based on love and respect (which are the foundation for strong families);
- (iii) Make responsible decisions for yourself, your family and society; and



## JUNYUAN PRIMARY SCHOOL

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(iv) Abstinence before marriage is the best protection against STIs/HIV and unintended pregnancies.

Casual sex can harm and hurt you and your loved ones.

4. Please visit the school's [Sexuality Education webpage](#) for more information on Junyuan Primary School's Sexuality Education Programme for 2020.
5. The lessons are conducted by teachers trained to conduct SEd lessons. The following lessons will be covered during the programme:

Level	Topics	Learning Outcomes
Primary 5 (2020)	Unit 1: Gosh! I Am Changing	<ul style="list-style-type: none"><li>- Puberty changes the body, not the person</li><li>- Change varies from person to person</li></ul>
	Unit 2: Where I Belong	<ul style="list-style-type: none"><li>- Every family is unique</li><li>- Stereotype limits gender</li></ul>
	Unit 3: How Do I Keep Myself Safe?	<ul style="list-style-type: none"><li>- Safety is a right and a responsibility</li></ul>
Primary 6 (2021)	Unit 4: Are We More Than Friends?	<ul style="list-style-type: none"><li>- Identify the qualities of a healthy friendship</li><li>- Recognise the importance of making wise choices in friendship</li><li>- Identify the characteristics of love and infatuation</li><li>- Identify ways to manage emotions</li></ul>
	Unit 5: Safety	<ul style="list-style-type: none"><li>- Identify the pros and cons of forming relationships through social networking</li><li>- Know ways to keep themselves safe when using social networking websites or the Internet</li></ul>

Please indicate in the attached acknowledgement form that you have received this letter. We strongly encourage your child/ward to attend the programme. However, if you wish to **opt out** of the programme, please complete Annex A, which is to be submitted to the school by **10 May 2020**. Thank you.

Yours sincerely,

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Mr Chan Weng Cheong



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## **[Acknowledgement of Letter (For all parents)]**

Dear Mr Chan Weng Cheong,

### **THE GROWING YEARS PROGRAMME FOR 2020 & 2021**

I acknowledge receipt of letter from the school dated on 24 April 2020 regarding the school's sexuality education, *Growing Years* Programme. I have read and understood the information provided on the content coverage and delivery of the programme.

\_\_\_\_\_  
Parent's Name & Signature

\_\_\_\_\_  
Date

Parent of: \_\_\_\_\_ ( ) \_\_\_\_\_  
(Child's Name)

### **Annex A**

**[Parent Opt-out Form – This section is applicable ONLY if parents wish to opt their child out of The Growing Years programme.]**

Dear Principal,

### **THE GROWING YEARS PROGRAMME FOR YEAR 2020**

1. I would like to withdraw my child, \_\_\_\_\_, of P5 \_\_\_\_\_  
(full name of child) (class of child)  
from the *Growing Years* programme for 2020 and 2021.
2. My reason(s) for my decision to opt my child out of the programme:
  - ☐ Religious reasons
  - ☐ My child is too young.
  - ☐ I would like to personally educate my child on sexuality matters.
  - ☐ I do not think it is important for my child to attend Sexuality Education lessons.
  - ☐ I have previously taught my child the topics in the GY Programme for this year.
  - ☐ I am not comfortable with the topics covered in the GY Programme for this year.
  - ☐ Others: \_\_\_\_\_
3. Thank you.

\_\_\_\_\_  
Parent's Name & Signature

\_\_\_\_\_  
Contact No. (mobile)

\_\_\_\_\_  
Email address(optional)