

KINDERGARTEN CARE



PLAY



Discover

Explore



KINDERGARTEN CARE (KCARE)

KCare is provided to parents who require a full-day service for their child. KCare provides care services, and **time** and **space** for children to **play, explore** and **discover** through **specially designed environments with carefully chosen resources.**

KCare aims to provide opportunities for children to develop confidence in communicating with others, social skills, self-help skills and values such as responsibility, care and respect.



KCARE TEAM OF MK@JUNYUAN



KEY FEATURES

Play

Exploration and discovery through play

Importance of play

Large blocks of time for indoor and outdoor play

Importance of continuous periods of time for play (e.g., 1 hour)

Opportunities for mixed-age play

Benefits of mixed-age play and interaction (K1 and K2)

Environment

Specially designed environment and carefully chosen resources

Importance of environment

Children's autonomy in deciding what and how to play within the created environment

Benefits of child-initiated play

PROGRAMME

Modular Activities provide opportunities for continuity of children's experiences in different areas of interest across a week. By entering **immersive environments** that excite them to **explore and discover through play**, children get to engage in **deeper** and **more complex** forms of play.

Modular Activities	Purpose
Art & Craft Tinkering	For children to imagine and create
Cookery	For children to develop independence and self-help skills
Music, Movement & Dramatisation	For children to develop confidence and communication skills
Gardening (outdoor) Sand & Water Play (outdoor)	For children to find out more about the world around them

THE KCARE EXPERIENCE

Modular Activities (Indoor)



Art & Craft



Cookery



**Music, Movement
& Dramatisation**



Tinkering

THE KCARE EXPERIENCE

Modular Activities (Outdoor)



Gardening



Sand and Water Play

PROGRAMME

Free Play provides opportunities for children to choose what and who they want to play with, and how they want to play. They take place in four areas that provide children with a range of play experiences that can inspire their **creativity and imagination**. Nurturing reading among the children is also important and **Dedicated Reading Time** is provided for children to be engaged in reading daily.

Indoor Free Play

Construction and
Manipulative Free Play



Dramatic
Free Play



Outdoor Free Play

Outdoor
Free Play



Sand and Water
Free Play



Dedicated Reading Time

KCARE ROUTINES AND ENVIRONMENT

Health Check Areas



Parents' Notice Board



Healthcheck

KCARE ROUTINES AND ENVIRONMENT

Indoor Environment – Activity Rooms



Classroom

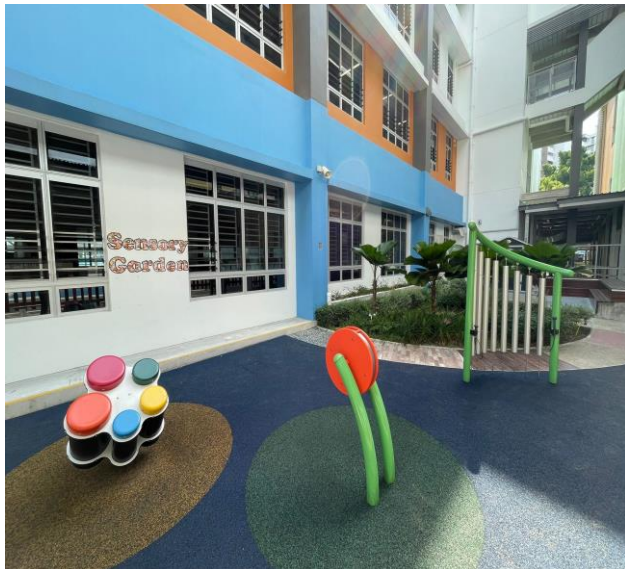


Cookery Room

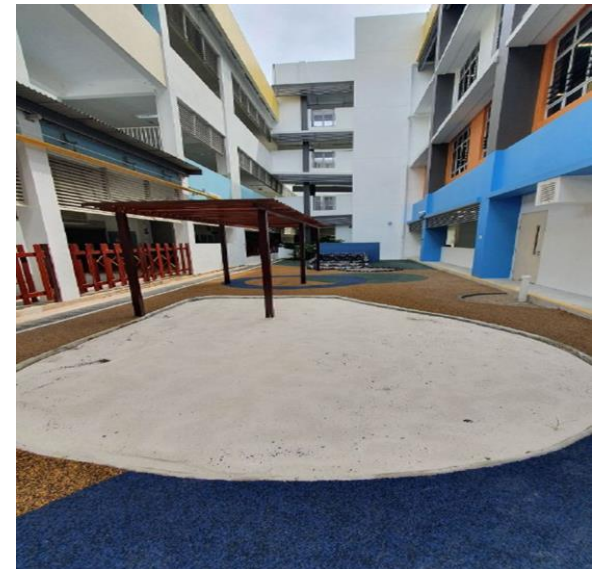
KCARE ROUTINES AND ENVIRONMENT

Outdoor Environment

Specially designed Sand & Water play area and Sensory Garden for children to use their five senses to explore and find out about the world around them



Sensory Garden



Sand & Water Play Area

A TYPICAL DAY

KCare Timetable (AM)

Time (h)	Activity
7.00 – 8.00 am	Arrival and Health Check/Indoor Free Play
8.00 – 8.30 am	Breakfast
8.30 – 10.00 am	Modular Activities/Indoor/Outdoor Free Play
10.00 – 10.45 am	Wipe down
10.45 – 11.00 am	15 minutes of Dedicated Reading Time
11.00 am – 1.00 pm	Rest/Nap, Lunch
1.00 – 5.00 pm	MOE Kindergarten
5.00 – 7.00 pm	Indoor Free Play Quiet Time and Dismissal

Note: KCare homerooms reside within MK. Both MK and KCare staff will work out an arrangement for the smooth handover of the children.

A TYPICAL DAY

KCare Timetable (PM)

Time	Activity
7.00 am – 8.00 am	Arrival and Health Check/Indoor Free Play
8.00 am – 12.00 pm	MOE Kindergarten
12.00 pm – 12.15 pm	Transition and Health Check
12.15 pm - 1.15 pm	Lunch, Wipe down
1.15 pm – 1.30 pm	15 minutes of Dedicated Reading Time
1.30 pm – 3.00 pm	Naptime
3.00 pm – 3.30 pm	Afternoon Snack
3.30 pm – 5.00 pm	Modular Activities/Indoor/Outdoor Free Play
5.00 pm – 7.00 pm	Indoor Free Play Quiet Time and Dismissal

Note: KCare homerooms reside within MK. Both MK and KCare staff will work out an arrangement for the smooth handover of the children.

HOLIDAY PROGRAMME

KCare Timetable

Time	Activity
7.00 am – 8.30 am	Arrival and Health Check/Indoor Free Play
8.30 am – 9.00 am	Breakfast
9.00 am – 11.30 pm	Holiday Programme/Modular Activities/Indoor/Outdoor Free Play, snack @ 10am
11.30 pm – 1.30 pm	15 minutes of Dedicated Reading Time, Lunch, Wipe down
1.30 pm – 3.30 pm	Naptime
3.30 pm – 4.00 pm	Afternoon Snack
4.00 pm – 5.00 pm	Holiday Programme/Modular Activities/Indoor/Outdoor Free Play
5.00 pm – 7.00 pm	Indoor Free Play Quiet Time and Dismissal

*Outdoor activities can only be conducted before 10.30am and after 3.30pm

LUNCH MENU

Child Care Menu I (OCT) Kcare				
Mon	Tue	Wed	Thu	Fri
2/10/2023	3/10/2023	4/10/2023	5/10/2023	6/10/2023
白飯, 蓮子雞, 上湯玉米粒椰菜花 White Rice Braised Chicken w Lotus Seed Cauliflower w Corns in Superior Stock Red Carrots Soup, Apple	焗雞条, 蠔油辣豆肉碎, 香油包菜 Braised Kway Teow Minced Chicken mixed Vege in VegOyster Sauce Cabbage in Fragrance Oil Cabbage Soup, Apple	玉米飯, 照燒醬魚, 清炒磨菇小白菜 Corn Rice Teriyaki Fish Stir Fry Small C. Cabbage w Sliced Mushrooms Long Cabbage Soup, Banana	白飯, 台灣燻雞, 蠔皇枸杞大白菜 White Rice Braised Chicken (Taiwanese) Long Cabbage w Wolfberries in VegOyster Sauce Tofu Soup, Honeydew	油飯, 鹹蛋鴨, 蘆筍焗西蘭花 Chicken Rice Sweet & Sour Chicken Braised Broccoli w Diced Carrots Diced Corn Soup, Yellow Pear
9/10/2023	10/10/2023	11/10/2023	12/10/2023	13/10/2023
白飯, 蘑菇雞, 烤玉米粒 White Rice Stewed Button Mushroom Chicken Grilled Corns Red Carrots Soup, Apple	意大利麵, 番茄汁肉碎, 香油小白菜 Spaghetti Minced Chicken in Tomato Sauce Small C. Cabbage in Fragrance Oil Cabbage Soup, Apple	玉米飯, 酸甜醬魚, 清炒磨菇西蘭花 Corn Rice Sweet & Sour Fish Stir Fry Broccoli w Sliced Mushrooms Long Cabbage Soup, Banana	白飯, BBQ魚, 蠔皇枸杞包菜 White Rice Fish in BBQ Sauce Cabbage w Wolfberries in VegOyster Sauce Tofu Soup, Honeydew	油飯, 馬鈴薯雞肉碎, 大白菜萝卜粒 Chicken Rice Stewed Minced Chicken w Potatoes Braised Long Cabbage w Diced Carrots Diced Corn Soup, Yellow Pear
16/10/2023	17/10/2023	18/10/2023	19/10/2023	20/10/2023
白飯, 叉燒鴨, 上湯玉米粒九白菜 White Rice Char Siew Chicken Kow Peck Chye w Corns in Superior Stock Red Carrots Soup, Apple	炒麵, 番茄汁肉碎, 香油椰菜花 Mee Goreng Minced Chicken in Tomato Sauce Cauliflower in Fragrance Oil Cabbage Soup, Apple	玉米飯, 麦片雞, 清炒磨菇西蘭花 Corn Rice Cereal Chicken Stir Fry Broccoli w Sliced Mushrooms Long Cabbage Soup, Banana	白飯, 黑醬魚, 蠔皇枸杞小白菜 White Rice Black Sauce Fish Small C. Cabbage w Wolfberries in VegOyster Sauce Tofu Soup, Honeydew	油飯, 照燒肉碎, 萝卜焗包菜 Chicken Rice Minced Chicken in Teriyaki Sauce Braised Cabbage w Diced Carrots Diced Corn Soup, Yellow Pear
23/10/2023	24/10/2023	25/10/2023	26/10/2023	27/10/2023
白飯, 洋葱焗鴨, 上湯玉米粒大白菜 White Rice Braised Chicken w Onion Long Cabbage w Corns in Superior Stock Red Carrots Soup, Apple	焗雞条, 蠔油辣豆肉碎, 香油包菜 Braised Kway Teow Minced Chicken mixed Vege in VegOyster Sauce Cabbage in Fragrance Oil Cabbage Soup, Apple	玉米飯, 蒜蓉雞, 清炒磨菇九白菜 White Rice Stewed Button Mushroom Chicken Stir Fry Kow Peck Chye w Sliced Mushrooms Long Cabbage Soup, Banana	白飯, 酸甜醬魚, 蠔皇枸杞西蘭花 White Rice Sweet & Sour Fish Broccoli w Wolfberries in VegOyster Sauce Tofu Soup, Honeydew	油飯, BBQ醬鴨, 蘆筍焗小白菜 Chicken Rice BBQ Sauce Chicken Braised Small C. Cabbage w Diced Carrots Diced Corn Soup, Yellow Pear
30/10/2023	31/10/2023			
白飯, 马铃薯肉碎, 上湯玉米粒西蘭花 White Rice Stewed Minced Chicken w Potatoes Broccoli w Corn in Superior Stock Red Carrots Soup, Apple	粥米粉, 麦片魚, 香油包菜 Braised Bee Hoon Cereal Fish Cabbage in Fragrance Oil Cabbage Soup, Apple			

LUNCH MENU - VEGETARIAN

Child Care Menu I (OCT) VEGETARIAN KCare

Mon	Tue	Wed	Thu	Fri
2/10/2023	3/10/2023	4/10/2023	5/10/2023	6/10/2023
白飯, 醬炒蘑菇片, 上湯玉米粒椰菜花 White Rice Stir Fry Slices Mushroom Cauliflower w Corns in Superior Stock Red Carrots Soup, Apple	焗椰菜, 蠔油雞豆豉蝦, 香油包菜 Braised Kway Teow Veg/Chicken mixed Vege in Veg/Oyster Sauce Cabbage in Fragrance Oil Cabbage Soup, Apple	玉米飯, 蠔皇焗時蔬, 清炒蘑菇小白菜 Corn Rice Shimeji Mushrooms in Veg/Oyster Sauce Stir Fry Small C. Cabbage w Sliced Mushrooms Long Cabbage Soup, Banana	白飯, 台灣滷素魚, 蠔皇枸杞大白菜 White Rice Stewed Veg/Fish in Taiwanese Sauce Long Cabbage w Wolfberries in Veg/Oyster Sauce Tofu Soup/Honeydew	白飯, 酸甜豆腐, 萝卜焖西蘭花 White Rice Sweet & Sour Tofu Braised Broccoli w Diced Carrots Diced Corn Soup/ Yellow Pear
9/10/2023	10/10/2023	11/10/2023	12/10/2023	13/10/2023
白飯, 醬炒蘑菇片, 烤玉米粒 White Rice Stir Fry Slices Mushroom Grilled Corns Red Carrots Soup, Apple	意大利麵, 番茄汁素雞, 香油小白菜 Spaghetti Veg/Chicken in Tomato Sauce Small C. Cabbage in Fragrance Oil Cabbage Soup, Apple	玉米飯, 蠔皇焗時蔬, 清炒蘑菇西蘭花 Corn Rice Shimeji Mushrooms in Veg/Oyster Sauce Stir Fry Broccoli w Sliced Mushrooms Long Cabbage Soup, Banana	白飯, BBQ素魚, 蠔皇枸杞椰菜花 White Rice BBQ Veg/Fish Cau iflower w Wolfberries in Veg/Oyster Sauce Tofu Soup/Honeydew	白飯, 马铃薯豆腐, 萝卜焗大白菜 White Rice Braised Tofu w Potatoes Braised Long Cabbage w Diced Carrots Diced Corn Soup/ Yellow Pear
16/10/2023	17/10/2023	18/10/2023	19/10/2023	20/10/2023
白飯, 醬炒蘑菇片, 上湯玉米粒九白菜 White Rice Stir Fry Slices Mushroom Kow Peck Chye w Corns in Superior Stock Red Carrots Soup, Apple	炒麵, 番茄汁素雞, 香油椰菜花 Mee Garing Veg/Chicken in Tomato Sauce Cauliflower in Fragrance Oil Cabbage Soup, Apple	玉米飯, 蠔皇焗時蔬, 清炒蘑菇西蘭花 Corn Rice Shimeji Mushrooms in Veg/Oyster Sauce Stir Fry Broccoli w Sliced Mushrooms Long Cabbage Soup, Banana	白飯, 黑醬素魚, 蚝皇枸杞小白菜 White Rice Black Sauce Veg/Fish Small C. Cabbage w Wolfberries in Veg/Oyster Sauce Tofu Soup/Honeydew	白飯, 照燒醬豆腐, 萝卜焗包菜 White Rice Tofu in Teriyaki Sauce Braised Cabbage w Diced Carrots Diced Corn Soup/ Yellow Pear
23/10/2023	24/10/2023	25/10/2023	26/10/2023	27/10/2023
白飯, 醬炒蘑菇片, 上湯玉米粒大白菜 White Rice Stir Fry Slices Mushroom Long Cabbage w Corns in Superior Stock Red Carrots Soup, Apple	焗椰菜, 蠔油雞豆豉蝦, 香油包菜 Braised Kway Teow Veg/Chicken mixed Vege in Veg/Oyster Sauce Cabbage in Fragrance Oil Cabbage Soup, Apple	玉米飯, 蠔皇焗時蔬, 清炒蘑菇九白菜 Corn Rice Shimeji Mushrooms in Veg/Oyster Sauce Stir Fry Kow Peck Chye w Sliced Mushrooms Long Cabbage Soup, Banana	白飯, 酸甜滷素魚, 蚝皇枸杞西蘭花 White Rice Sweet & Sour Veg/Fish Broccoli w Wolfberries in Veg/Oyster Sauce Tofu Soup/Honeydew	白飯, BBQ醬豆腐, 蘿蔔焗小白菜 White Rice BBQ Tofu Braised Small C. Cabbage w Diced Carrots Diced Corn Soup/ Yellow Pear
30/10/2023	31/10/2023			
白飯, 醬炒蘑菇片, 上湯玉米粒西蘭花 White Rice Stir Fry Slices Mushroom Broccoli w Corn in Superior Stock Red Carrots Soup, Apple	粥米粉, 麥片素魚, 香油包菜 Braised Bee Hoon Cereal Veg/Fish Cabbage in Fragrance Oil Cabbage Soup, Apple			

SNACK MENU

Breakfast & Snack Menu (October)

Day Week	1	2	3	4	5
Monday	Peach & Mango Yogurt	Multigrain Biscuits	Peach & Mango Yogurt	Multigrain Biscuits	Peach & Mango Yogurt
Tuesday	Cornflakes with Milk	Honey Stars with Milk	Cheerios with Milk	Cornflakes with Milk	Honey Stars with Milk
Wednesday	Strawberry Bread	Vanilla Roll	Chocolate Bread	Blueberry Roll	
Thursday	Assorted Biscuits with Milk	White Bread & Blueberry Jam	Assorted Biscuits with Milk	White Bread & Strawberry Jam	
Friday	Chocolate Bread	Cookies & Cream Roll	Strawberry Bread	Butter Sugar Roll	

SCHEDULE FOR FIRST 2 DAYS OF SCHOOL

(Note: This is a sample timetable.)

For K1 children enrolled in MK (A.M. session):

Time	Programme
8.00 am - 9.30 am	MK
9.30 am - 11.00 am	KCare

For K1 children enrolled in MK (P.M. session):

Time	Programme
1.00 pm - 2.30 pm	MK
2.30 pm - 4.00 pm	KCare



KCARE FEE

Monthly fee for KCare in 2024

Singapore Citizen	Singapore Permanent Resident
\$223.70 (Fee shown above is after \$150 basic subsidy)	\$373.70

KCARE FEE – SUBSIDIES TIER

Subsidies are provided by MOE in 2 tiers:

-  Basic Subsidy: All SC children are eligible for and automatically given a Basic Subsidy of \$150 per month.
-  Additional Subsidy (applicable only if KiFAS application is successful): Tiered according to income for SC children provided they meet the following criteria:
 - a) The mother/single father of the SC child is working at least 56 hours a month; and
 - b) The family's total monthly HHI is no higher than \$12,000 or the PCI is no higher than \$3,000. Note that MOE will take reference from the approved ECDA KIFAS for this assessment.

Note: The child must attend at least 1 day of KCare to qualify for the monthly subsidies.

KCARE SUBSIDY ELIGIBILITY CHECKER

You may use the KCare Eligibility Calculator on the MOE Internet to check whether your child is eligible for the additional KCare subsidy:

<https://moe.gov.sg/preschool/moe-kindergarten/kindergarten-care>

KCare subsidy eligibility checker (applicable for SC child only)

An additional subsidy is also provided and this is tiered according to income levels. Enter the details to check whether your child is eligible for the additional subsidy:



My monthly household income is

\$



There are people in my household.

I am a working mother or single father of my child.

Select... ▼

SHOW ME MY OPTIONS

COMMUNICATION

We encourage and appreciate frequent communication between the KCare operator and parents.

We can be reached at:

Email: kcjy@rafflesstudentcare.com

Telephone: 8952 8537

Operating Hours: Monday to Friday 7am to 7pm, including school holidays

(Closed on Saturdays, Sundays, Public Holidays and up to 6 additional days each year)

THANK YOU!



Q & A



9AM TO 12PM

(LAST ADMISSION: 11:45AM)