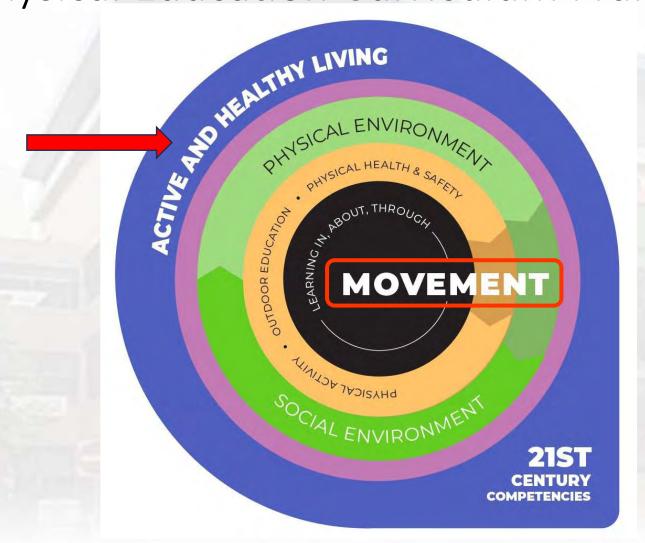
# PE, Art, Music and CCA Curriculum Briefing

Mission

Nurturing Every Child in a Vibrant and Caring Environment where Talents Blossom



### Physical Education Curriculum Framework



<u>Future-Read</u>v learners . Leaders of Character

**ACTIVE LIFESTYLE** 

**Sports Pursuit** 

National Representation

**High Performance** 

High amount of performance-based training and

competition

Focus on one sport

#### Recreational Participation

Development of physical activity- and/or sportspecific skills and tactics Sustained involvement in physical activities and/or sports based on interest and competencies Application of principles of training and safe practices Maintenance of health and skill-related fitness

### **PE lessons**

### CCA

### Specialisation

Consolidation of one or two sport-specific skills and tactics

Application of training in competitions, winning a secondary emphasis

Development of mental skills Emphasis on sport-specific strength and fitness conditioning

#### **Broad-Based Development**

Acquisition of overall skills and concepts (across and within physical activities and sports)
Emphasis on application in developmentally-appropriate physical activities and sports
Involvement in a range of physical and sporting experiences that is fun and inclusive
Understanding of principles of training and safe practices
Development of health and skill-related fitness

#### Strong Foundation

Acquisition of fundamental motor skills and movement concepts

Emphasis on learning and enjoyment through developmentally appropriate movement experiences

Anchored on core values (respect, responsibility, resilience, integrity, care and harmony)

Physical Education & Sports Development Framework

#### Nurturing Every Child in a Vibrant and Caring Environment where Talents Blossom



#### Recreational Participation

Development of physical activity- and/or sportspecific skills and tactics Sustained involvement in physical activities and/or sports based on interest and competencies Application of principles of training and safe practice Maintenance of health and skill-related fitness



#### **Broad-Based Development**

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#### **Strong Foundation**

Acquisition of fundamental motor skills and movement concepts

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# Learning Areas of PE

Learning Area	Content Area	Strand
Physical Activity	<ul> <li>Athletics</li> </ul>	Movement Skills and Concepts
	• Dance	Safety Practices
	<ul> <li>Games and</li> </ul>	
	Sports	
	<ul> <li>Gymnastic</li> </ul>	
	<ul> <li>Swimming</li> </ul>	
Outdoor Education		Outdoor Living
		Sense of Place
		Risk Assessment and Management
Physical Health and Safety		Physical Fitness
		Safety and Risk Management
		Nutrition
		Personal Hygiene and Self-Care

Table 1. Learning Area, Content Area and Strand at the Primary Level

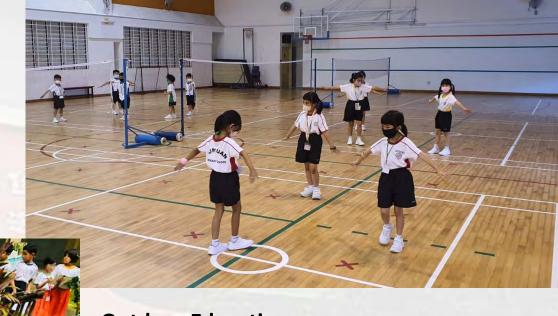
# Physical Education in Junyuan



# PE Learning Outcomes

#### **Dance**

Explore movement phrases in variations of position (i.e. above/below, in front of/behind, beside, between) and formation12, with and without contacting group members, in response to music.



#### **Outdoor Education**

### **Navigation Skills**

Locate the position of self in relation to the landmarks in the school and its neighbourhood using pictorial charts.

### **Outdoor Living Skills**

Apply key principles and considerations of packing for a day trip, e.g., a trip to the neighbourhood park.



### **Games and Sports**



### Dribbling

### **Sports and Games**

Dribble using the hands, keeping away from a defender, either through moving or shielding the ball.

### Striking with a racket

Strike using the underhand, forehand and backhand stroke a racket and ball continuously with a partner over a low net.

### Sending to a partner

### Games and Sports

Throw using the backhand pattern, a disc to a stationary and moving partner, who will catch at different levels.

### **Games and Sports**

Catching

Throw (Pass) and catch using one and two hands away from the body, a variety of objects with a partner while both partners are moving, at least a distance of 4 to 12 meters away.



# External learning opportunities



# Outdoor Education Framework



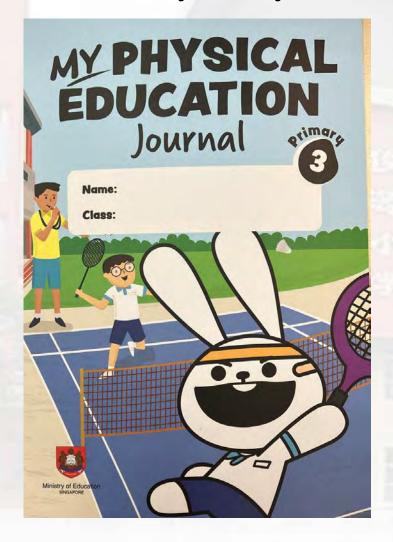


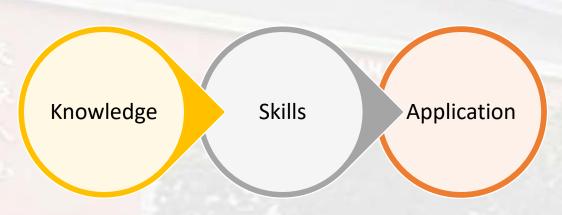
### **Outdoor Education**

- Care for environment



# My Physical Education Journal





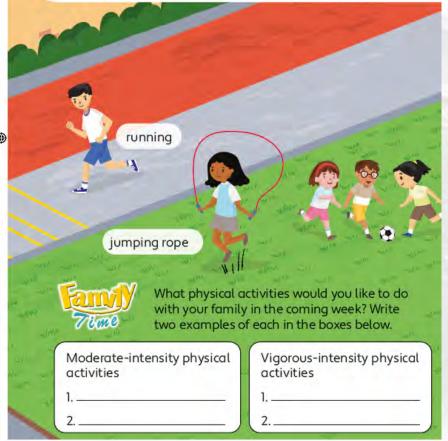
#### TAKING CARE OF YOUR WELL-BEING

#### **ENGAGE IN 60 MINUTES OF MODERATE- TO** VIGOROUS-INTENSITY PHYSICAL ACTIVITY **EVERY DAY**

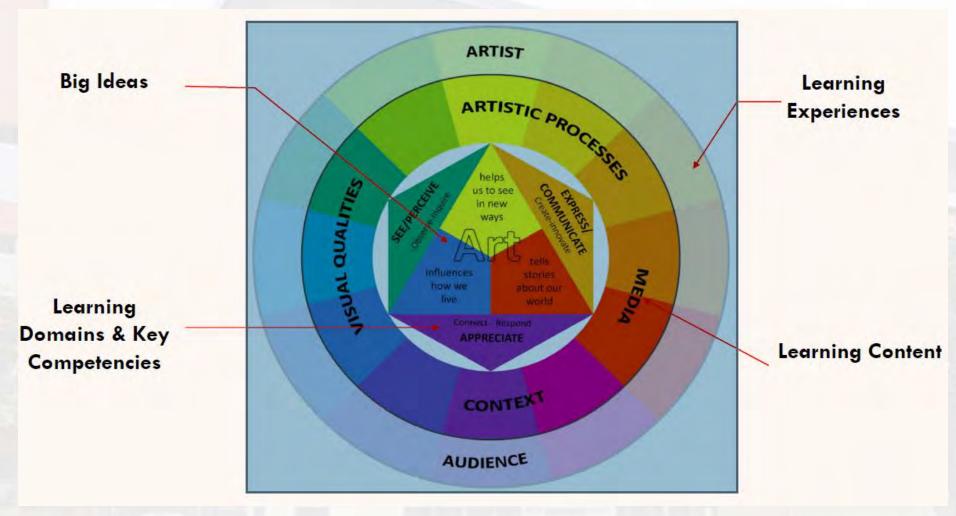
Moderate-intensity physical activities make you breathe a little faster than when you are not moving. Your heart will also beat faster. While doing moderate-intensity physical activities, you will be able to talk, but not sing.



Vigorous-intensity physical activities make your heart beat faster. You also breathe faster than when you are carrying out moderate-intensity physical activities. You may only have enough breath to say a few words.



# **Art Framework**



### **Domain: See**

**Competencies: Observe – Inquire** 

LO1: Identify simple visual qualities in what they see around them

LO2: Ask questions about what they see

LO3: Draw from their imagination and observation



**P1 Self Portrait** 

## **Domain: Express**

**Competencies: Create – Innovate** 

LO4: Play with a variety of materials and tools to make art

LO5: Share their imagination, thoughts and feelings through art making

# **Domain: Appreciate**

**Competencies: Connect – Respond** 

LO6: Show interest in looking at a variety of artworks

LO7: Talk about what they see, feel and experience using art vocabulary



**Creating Art pieces using Clay** 

#### Future-Ready Learners . Leaders of Character

### VTR: What makes you say that?



Starry Night, 1888

- What did he draw?
- How do you feel when you look at the painting?
- · Do you like the painting?

### See - think - wonder



Water Lilies (1919)

What do you see in this painting?

How do you think he made this art work?

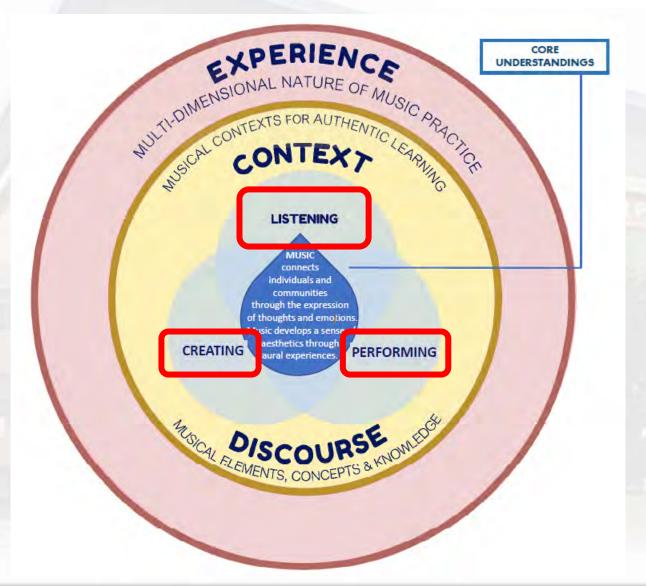
Have you wondered what he was thinking or feeling when he did this?

### P3 - Batik Art

Students will create Batik artworks using cold wax and contrasting/bold colours.



# Music Curriculum



### The 2023 Music Syllabus aims to enable students to:

- Acquire and apply musical skills, knowledge and understanding through Listening, Creating and Performing
- Develop abilities for creative expression and communication
- Develop an understanding and appreciation of music in local and global cultures
- Cultivate a life-long enjoyment and involvement in music.

### Signature modules

Primary 3	Primary 4	Primary 5	Primary 6
P3 Xylophones &	P4 Keyboard	P5 Ukulele	P6 Pop Band
ensemble playing		Module	Ensemble



#### Music

### **Learning Outcomes of Listening, Creating and Performing**

### 1 **LO1** Listen and Respond to Music

LO1 seeks to enable students to actively listen to experience and explore how music from a range of cultures and genres can convey ideas, experiences and emotions. At the primary level, students build their foundation in listening skills through active listening.

#### **2 LO2** Create Music

LO2 seeks to harness and develop students' innate creativity within the context of music. Through improvising, composing and other ways of creating, students learn to communicate their ideas in and through music, build their expressive skills and develop their unique personal voice.

#### 3 **LO3 Perform Music**

LO3 provides experiential means through singing and instrumental playing for students to interact with a wide variety of repertoire to deepen their understanding of the characteristics of music. It would also be important to have opportunities for students to perform individually as well as in collaboration with others in an ensemble in class or as part of a community.

### STAGE 2 (PRIMARY 3 AND 4)

LO1 Perform Music in both instrumental and vocal settings, individually and in groups	LO2 Create Music in both instrumental and vocal settings, individually and in groups	
Students should be able to:	Students should be able to:	
Sing  (i) sing with accuracy, clarity and reasonable technique, a variety of songs (e.g. folksongs and songs from musicals) in 2/4, 3/4, 4/4 and 6/8 time.	improvise with voice and classroom instruments pentatonic melodic and rhythmic responses of a least 2 bars, demonstrating understanding of the elements of music as stated in LO5.	
<ul><li>(ii) sing expressively with appropriate tempo, dynamics, articulation and phrasing.</li></ul>	<ul><li>(ii) compose and perform 2 - part rhythmic phrases of least 4 bars.</li></ul>	
(iii) sing as an ensemble, melodic ostinati and 2 - 3 part canons with increasing rhythmic and melodic complexity	(iii) compose melodic phrases of at least 4 bars, using voice and instruments, based on the C pentatonic and the C major scales.	
Play Instruments (iv) perform, individually and as an ensemble, rhythmic, melodic and harmonic patterns in 2/4, 3/4, 4/4 and 6/8 time. Repertoire should be based on the following tonalities:	(iv) create and perform soundscapes to a given stimulus, and produce graphic notations of their soundscapes. Students should be able to explain the rationale behind musical decisions  (v) create a soundscape or melodic composition	
C pentatonic mode     C, F, G major and A minor.	using the basic techniques of selection loops.	
(v) play a main melodic instrument to the basic proficiency appropriate for the instrument (e.g. recorder, keyboard, guitar).		

# P3 Xylophones & ensemble playing

- Students will learn how to:
- Play xylophones and mallet instruments with correct techniques
- Learn music theory on note recognition & understanding how to read and play simple music scores
- Play as an ensemble, practicing active music making skills of reading, listening and performing



# Co-curricular Activities (CCA)

- Co-curricular Activities
- Part of the primary school curriculum



# Why join a CCA?

- To promote the discovery of interests through exposure and talents in specialization.
- Students are strongly encouraged to join a CCA to help them develop holistically and pursue their interest or talent
- CCAs are on Monday and/or Fridays (2 to 3.30pm)





### **Physical Sports**



**Floorball** 



**Tchoukball** 



Volleyball



Taekwondo

## Visual & Performing Arts



**Chinese Dance** 







Drama

### Visual & Performing Arts



Visual Art Club



Music Interest Club



Malay Dance

### Uniform Group



**Scouts** 

### Clubs & Societies





Infocomm Club

**Environment Club** 





### What is CCA Experience?

- Only for Primary 3 students (Optional)
- Choose up to 3 CCAs to try
- Discover the child's interests and talents
- Term 1 Week 6 to Week 8
- Most CCAs will be part of CCA Experience
- Deadline: Wednesday, 22 Jan 2pm (Refer to PG sent on 13 Jan 2025)



### When can my child choose and join a CCA?

Term 1 Week 6 - 8	Term 2 Week 1 - 2	Term 2 Week 7	Term 3 Week 1
CCA Experience	<b>CCA Selection</b>	CCA starts	
Choose a CCA to experience/try out	Choose a CCA to join (4 options)  Assigning to a CCA based on 1st 2 options	CCA sessions may start (depending on CCA)	All CCAs will start

95% of students given their 1st choice

Students who have SDR/RRP, will come for CCA after their SDR/RRP





# **FAQs**

Can I check if I put my child in a sports team outside of school. Does my child still require to attend a CCA? As the Sport that he is interested in is not available in JYPS.

- ☐ Parents can decide if they would like to enroll their child in a sports team outside of school.
- □ However, CCA participation in school is strongly encouraged for the holistic development of the child beyond just the skills learnt in CCA as CCA also focuses on the social-emotional experiences during CCA sessions led by CCA teachers and Instructors.
- □ If parents decide not to allow the child to join a CCA, they may write into the HOD PE/Aesthetics/CCA to inform of their decision.
- ☐ More information about CCA can be found at https://www.junyuanpri.moe.edu.sg/cca/CCAs/



# **FAQs**

There are some CCAs, like Art Club, that can't be selected for the tryouts. Will they still be available as options for the CCA?

- ☐ Yes, Visual Art Club is not on the P3 CCA Experience but still will be available to choose as a CCA during the CCA Selection Exercise.
- ☐ More information about CCA can be found at https://www.junyuanpri.moe.edu.sg/cca/CCAs/