



## JUNYUAN PRIMARY SCHOOL

Future-Ready Learners, Leaders of Character

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### **“Speaking to your child about Internet and Gaming”**

The Internet has become an integral part of our lives. Our children, the Cyber Generation, are the heaviest users of the technology. While the internet is a rich source of information, a medium for many new lifestyles and great networking platform; our children are exposed to the risks of encountering questionable characters or getting into harrowing situations.

*Family Matters@School, supported by the Ministry of Social and Family Development and Junyuan Primary School, will be presenting a workshop on:*

#### **“CYBERWELLNESS”**

**Date: 18 August 2018**

**Time: 9.00 a.m. to 11 a.m.**

**Venue: Junyuan Primary School**

In this workshop, parents will be brought on a journey to discover the world of gaming to understand why children and teenagers are so hooked to them. Our experienced speaker will share more on symptoms and effects of problematic gaming as well as real life success stories from our counselling cases. Participants will also be engaged in discussions facilitated by our dynamic speaker and equipped with some relevant practical tips to better engage and manage their children and youths in this game-crazy environment.

The speaker will share with parents:

- why online games are so addictive
- various harmful effects of the cyber world
- strategies to help children overcome internet addiction
- manage excessive usage

**Please register through SMS @ 9337 7176 in the format:**

**<child's name> <child's class> <parent's name> <number of people attending the talk>.**

**You will be given a registration number in the reply to the SMS.**

**Light refreshment will be served.**

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